

# PRAYER PRIMER


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# Plato's Allegory of the Cave

- 380 B.C.
- Book 7 of 10
- Stuck in Cave
- Walk to Light
- In the Light
- Back to Cave???





**HALT**

HUNGRY ANGRY LONELY TIRED

Jesus

work

times

one

life

times

hard

time

know

must

seven

habit

practice

offense

think

many

just

breaks

people

choice

forgiving

death

freedom

knows

forgiven

like

want

lives

required

unlovely

Forgiveness

love

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God

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Peter

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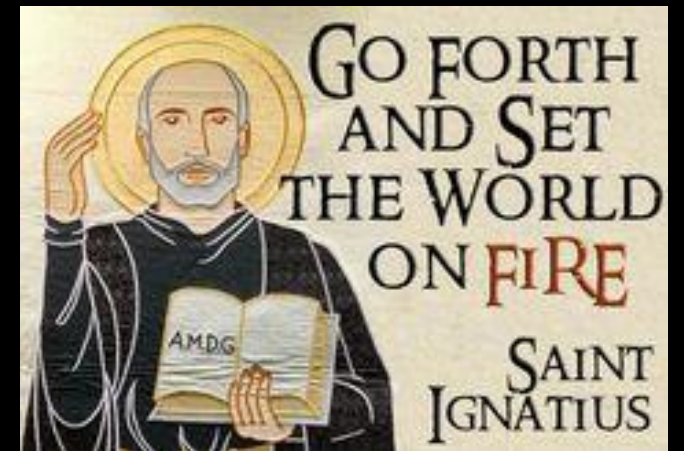
Peter

binds

# St. Ignatius of Loyola



- Founded the Jesuits in 1540
- July 31 Feast Day
- 1491-1556



# Rules for Discernment

(there are 14 total)



1<sup>st</sup> Rule

2<sup>nd</sup> Rule



# FOUR BASIC FORMS OF PRAYER

- Blessing and Adoration (praising God)
- Prayer of Petition (asking for what we need, including forgiveness)
- Prayer of Intercession (asking for what others need)
- Prayer of Thanksgiving (for what God has given and done)



# JUST TALK TO GOD

- Scripture
- Songs
- Poems
- Freestyle
- Common Prayers
- Silence
- Rosary
- Mass
- On the way to mass
- Meal Times
- Before a test
- In the morning
- At bedtime
- Through your actions
- Through your words
- Hungry
- Angry
- Lonely
- Tired



✝  
KEEP  
CALM  
AND  
TALK TO  
GOD

# PRAYER COLLECTION

- Brochure Plans
- Biased!!
- Spirituality Style

