



--Choosing a Saint Name for your Confirmation Name --Form for Confirmation Name Selection

When you are Confirmed, Fr. LaHood will say, “N, Be sealed with the Gift of the Holy Spirit.” That ‘N’ stands for a name which you choose symbolizing the virtues you are striving to attain. A Confirmation name can be a person who has officially been declared a saint, blessed, or venerable. Oftentimes, a known angel (St. Michael, St. Gabriel) are chosen.

You may choose any saint name, but the name you choose must be a recognized saint. Some choose their birth name as long as it is a saint name. Choosing a name gives you a heavenly patron who you should endeavor (try) to imitate.

You choose the name of a saint who inspires you. This symbolizes a new beginning in your faith life and a connection with that saint. Your commitment to “spread and defend the faith” that you are making at Confirmation is symbolized with the taking of a new name to show that you are in some way a new person. This practice of taking a new name is found throughout both the old and new testaments as a sign of conversion or change (Abram to Abraham; Saul to Paul, etc.). If used, this new name would be used after your present middle name and before your family (last) name.

The name you choose should represent the direction you feel your faith life is taking, or represent a strength or attribute you feel you need. So it is important and necessary to know about the saint before you decide on that name.

Once you have done prayerful reflection and research, you are ready to choose your new name!

If you have already been Confirmed in the Catholic Faith, please research your Confirmation name and try to revisit why you chose that name.

Common Questions and Answers:

Q. Can I choose any name I want?

A. The norms for Confirmation indicate that you choose the name of a saint. This saint will then be your heavenly patron. The name can be your birth name if it is a saint name.

Q. How do I pick a saint?

A. There are many sources to learn about saints. Check out some of the resources listed below and see what’s available. Each saint has a feast day and is the patron of an activity or job. Sometimes it’s the events of the life of a saint that connect to you. However you decide, take some time and find the saint whose life speaks to you. Then invite them into your life as patron, model and mentor.

Q. Do I have to select a name that is the same gender as I am?

A. Not at all. You can choose any saint to be your patron. A girl could just as easily choose Luke as she could choose Anne.

Resources for Finding Saints’ Information

Team members: Ask RCIA Team members to show you our supply of books on saints.



Internet Sites (There are many other sites, these are only a few)

www.ewtn.com/saintsholy/

www.catholic.org/saints/ (*short video on selected saint*)

http://www.catholic.org/saints/fun_facts_arch.php?saint=70 (*fun facts*)

www.americancatholic.org/Features/Saints/byname.aspx

<https://www.franciscanmedia.org/source/saint-of-the-day/>

<https://www.smp.org/resourcecenter/subject/Saints/8/>

Movies

We have many of the movies in our St. Mary of the Assumption Gift Shop (located in back of church – open after Masses on Sat/Sun) for rental at a very low rate (maybe free).

Also for more movies, please visit www.ignatius.com (click on Videos) to find a list of movies on Saints.



CONFIRMATION SAINT NAME SELECTION FORM Attached

CONFIRMATION SAINT NAME SELECTION FORM

DUE TUESDAY, MARCH 19, 2019

The name you choose should represent the direction you feel your faith life is taking, or represent a strength or attribute you feel you need.

See "Choosing a Saint Name" above for additional information.

Please indicate below the full name of the saint you choose for your Confirmation name (i.e. St. John of the Cross; St. Theresa of Avila, etc.)

YOUR NAME (please print) _____

FULL CONFIRMATION SAINT NAME: _____

=====For Families, continue below

YOUR NAME (please print) _____

FULL CONFIRMATION SAINT NAME: _____

=====

YOUR NAME (please print) _____

FULL CONFIRMATION SAINT NAME: _____

=====

YOUR NAME (please print) _____

FULL CONFIRMATION SAINT NAME: _____

PLEASE TURN THIS FORM IN AT CLASS

***I NEED A NAME FOR EVERYONE, INCLUDING THE YOUTH
AND THOSE ALREADY CONFIRMED!
THANK YOU!!***