



EUCCHARISTIC ADORATION TUESDAY SIGN UPS

“The Holy Hour is given to us by the Church not as a law or set of rules to keep, but for an open encounter with the living God.” OUR SUNDAY VISITOR

CAN YOU SPARE ONE HOUR A WEEK TO BE WITH THE LORD?

Tuesday Eucharistic Hours: 8:30a.m.-9:00p.m.

Please consider signing up for a *specific Tuesday hour*. If there is ever a Tuesday that you cannot make it, we will provide a list of other adorers you can ask to fill in for you. Our lives are full of commitments. Let's make a commitment to spend one hour a week at Adoration with Jesus!

How to Sign Up:

- Please contact Regina Piazza at 301-627-3255 or rpiazza@stmaryum.org; or
- To Sign up ON-LINE: [CLICK HERE](#)

You will be contacted shortly

TUESDAY ADORATION HOURS

9:00am-10:00am	1:00pm-2:00pm	5:00pm-6:00pm
10:00am-11:00am	2:00pm-3:00pm	6:00pm-7:00pm
11:00am-Noon	3:00pm-4:00pm	7:00pm-8:00pm
Noon-1:00pm	4:00pm-5:00pm	8:00pm-9:00pm

***St. Mary of the Assumption, 14908 Main Street
Upper Marlboro, MD 20772***